

# TURNER COUNTY SCHOOLS BREAKFAST & LUNCH MENU OCTOBER 2020

**FREE!! Breakfast & Lunch for all students**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>B r e a k f a s t</b>				<b>1</b>  Breakfast bagel Sliced peaches/Fresh fruit Choice of milk	<b>2</b>  Chicken and biscuit/ jelly Apple juice/Fresh fruit Choice of milk
<b>L u n c h</b>				Hamburger/WG bun Ketchup/mustard Lettuce/tomato/Pickle Fresh fruit Choice of milk	Chicken tender/WG roll LF dipping sauce Broccoli Applesauce Choice of milk
<b>B r e a k f a s t</b>	<b>5</b>  Cereal/Poptart Applesauce/Fruit juice Choice of milk	<b>6</b>  Waffle sticks Orange juice/Fresh fruit Choice of milk	<b>7</b>  Steak Biscuit/jelly Peaches/Fresh fruit Choice of milk	<b>8</b>  Breakfast Break Fresh fruit Choice of milk	<b>9</b>  Pancake Pup/Syrup Applesauce/Fresh fruit Choice of milk
<b>L u n c h</b>	Turkey and Cheese/WG Bread, Mayo/mustard Lettuce/Tomato/Pickle Fruit cocktail Choice of milk	Pizza Salad Fresh fruit Choice of milk	WG Corn dog ketchup/mustard Baked beans Applesauce Choice of milk	WG spaghetti w/meat sauce Breadstick Green beans Fresh fruit Choice of milk	Chicken Sandwich/mayo Creamed potatoes Fresh fruit Choice of milk
<b>B r e a k f a s t</b>	<b>12</b>  Breakfast Wrap Fruit cocktail/apple juice Choice of milk	<b>13</b>  Cereal/Muffin Fruit juice/fresh fruit Choice of milk	<b>14</b>  Sausage Biscuit/jelly Pineapple slices/Fresh fruit Choice of milk	<b>15</b>  Breakfast pizza Applesauce/Fresh fruit Choice of milk	<b>16</b>  <b>Holiday</b>

<b>L</b> <b>u</b> <b>n</b> <b>c</b> <b>h</b>	Pizza WG crust Corn Fresh fruit Choice of milk	Crispito w/ cheese stick WG Tortilla chips w/salsa Garden peas Pears Choice of milk	Ham & cheese sandwich Mayo Lettuce/tomato/Pickle Fresh fruit Choice of milk	Hot dog/WG bun Ketchup/mustard Baked beans Raisins Choice of milk	
<b>B</b> <b>r</b> <b>e</b> <b>a</b> <b>k</b> <b>f</b> <b>a</b> <b>s</b> <b>t</b>	<b>19</b>  <b>Holiday</b>	<b>20</b>  Cereal/Elf Graham Grape juice/Fresh fruit Choice of milk	<b>21</b>  Waffle w/sausage Apple juice/Fresh fruit Choice of milk	<b>22</b>  Bacon scramble pizza Orange juice/Fresh fruit Choice of milk	<b>23</b>  Chicken and biscuit/ jelly Applesauce/Fresh fruit Choice of milk
<b>L</b> <b>u</b> <b>n</b> <b>c</b> <b>h</b>		Chicken tender/WG roll LF dipping sauce Veggie cup Applesauce Choice of milk	Ham/Cornbread Turnips Dragon punch Fresh fruit Choice of milk	Chicken Fajitas/WG Tortillas Salsa or ranch Black Eyed Peas Pears Choice of milk	Pizza WG crust Garden peas Fresh fruit Choice of milk
<b>B</b> <b>r</b> <b>e</b> <b>a</b> <b>k</b> <b>f</b> <b>a</b> <b>s</b> <b>t</b>	<b>26</b>  Cereal/Poptart Applesauce/Fruit juice Choice of milk	<b>27</b>  Waffle sticks Orange juice/Fresh fruit Choice of milk	<b>28</b>  Steak Biscuit/jelly Peaches/Fresh fruit Choice of milk	<b>29</b>  Breakfast Break Fresh fruit Choice of milk	<b>30</b>  Pancake Pup/Syrup Applesauce/Fresh fruit Choice of milk
<b>L</b> <b>u</b> <b>n</b> <b>c</b> <b>h</b>	Turkey and Cheese/WG Bread, Mayo/mustard Lettuce/Tomato/Pickle Fruit cocktail Choice of milk	Pizza Salad Fresh fruit Choice of milk	WG Corn dog ketchup/mustard Baked beans Applesauce Choice of milk	WG spaghetti w/meat sauce Breadstick Green beans Fresh fruit Choice of milk	Chicken Sandwich/mayo Creamed potatoes Fresh fruit Choice of milk

**Menu subject to change without notice.**

**A complete lunch includes a serving of meat/meat alternate, grain, vegetables, fruit, and milk**

**This Institution is an equal opportunity provider.**