

TURNER COUNTY SCHOOLS BREAKFAST & LUNCH MENU MARCH 2020

FREE!! Breakfast & Lunch for all students

Available Daily for Breakfast: Cereal w/toast

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	2 Toasted cheese sandwich Fruit cocktail/apple juice Choice of milk	3 Cereal Cinnamon toast Fruit juice/fresh fruit Choice of milk	4 Sausage Biscuit/jelly Pineapple slices/Fresh fruit Choice of milk	5 Breakfast pizza Applesauce/Fresh fruit Choice of milk	6 Mini pancakes/syrup Grape juice/Fresh fruit Choice of milk
Lunch	Pizza WG crust Or Chef salad w/turkey Corn Applesauce /Fresh fruit Veggie Bar Choice of milk	Crispitos WG Tortilla Chips w/salsa Cheese Stick Or Chef salad w/chicken Garden peas Pears/Fresh fruit Veggie Bar Choice of milk	Ham & cheese on WG bread LF mayo Or Chef salad w/ham Oven fries/ketchup Lettuce/tomato Diced peaches/Fresh fruit Veggie Bar Choice of milk	Hot dog/WG bun Ketchup/mustard Or Chef salad w/turkey Cole slaw Baked beans Pineapple tidbits/Fresh fruit Veggie Bar Choice of milk	Taco salad Salsa Or Chef salad w/ham Green beans Applesauce/Fresh fruit Veggie Bar Choice of milk
Breakfast	9 Cereal/Poptart Applesauce/Fruit juice Choice of milk	10 Waffle sticks/syrup Orange juice/Fresh fruit Choice of milk	11 Steak Biscuit/jelly Peaches/Fresh fruit Choice of milk	12 Toasted cheese sandwich Apple juice/Fresh fruit Choice of milk	13 Pancake Pup/Syrup Applesauce/Fresh fruit Choice of milk
Lunch	Turkey and Cheese/WG Bread, Mayo/mustard Or Chef salad w/turkey, Lettuce, Tomato Sweet Potato Fruit cocktail/Fresh fruit Veggie Bar Choice of milk	WG spaghetti w/meat sauce Breadstick Or Chef salad w/turkey Fresh peas or beans Sliced pineapple/Fresh fruit Veggie Bar Choice of milk	WG Corn dog ketchup/mustard Or Pasta salad w/ham California veggies Corn Strawberries/Fresh fruit Veggie Bar Choice of milk	Fish strips/ketchup WG grits Or Chef salad w/ham Cole slaw Baked beans Applesauce/Fresh fruit Veggie Bar Choice of milk	Hamburger steak w/gravy Or Chef salad w/ham Cream potatoes WG texas toast Sliced peaches/Fresh fruit Veggie Bar Choice of milk
Breakfast	16 Breakfast bagel Sliced peaches/Fresh fruit Choice of milk	17 Grits Toast /jelly Grape juice/Fresh fruit Choice of milk	18 Yogurt w/granola Apple juice/Fresh fruit Choice of milk	19 Bacon scramble pizza Orange juice/Fresh fruit Choice of milk	20 Chicken biscuit/ jelly Applesauce/Fresh fruit Choice of milk
Lunch	Hamburger/WG bun Ketchup/mustard Or Chef salad w/turkey Oven fries Lettuce/tomato Pineapple tidbits/Fresh fruit Veggie Bar Choice of milk	Chicken tender/WG roll LF dipping sauce Or Chef salad w/chicken Broccoli Applesauce/Fresh fruit Veggie Bar Choice of milk	Ham/cornbread Or Chef salad w/ham Turnips Sliced peaches/Fresh fruit Dragon punch Choice of milk	Chicken Fajitas/WG Tortillas Salsa or ranch Or Chef salad w/chicken Black Eyed Peas Brown rice Pears/Fresh fruit Veggie Bar Choice of milk	Pizza WG crust Or Chef salad w/turkey Fresh peas or beans Raisins/Fresh fruit Veggie Bar Choice of milk

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	23 Toasted cheese sandwich Fruit cocktail/apple juice Choice of milk	24 Cereal Cinnamon toast Fruit juice/fresh fruit Choice of milk	25 Sausage Biscuit/jelly Pineapple slices/Fresh fruit Choice of milk	26 Breakfast pizza Applesauce/Fresh fruit Choice of milk	27 In Service
Lunch	Pizza WG crust Or Chef salad w/turkey Corn Applesauce /Fresh fruit Veggie Bar Choice of milk	Crispitos WG Tortilla Chips w/salsa Cheese Stick Or Chef salad w/chicken Garden peas Pears/Fresh fruit Veggie Bar Choice of milk	Ham & cheese on WG bread LF mayo Or Chef salad w/ham Oven fries/ketchup Lettuce/tomato Diced peaches/Fresh fruit Veggie Bar Choice of milk	Hot dog/WG bun Ketchup/mustard Or Chef salad w/turkey Cole slaw Baked beans Pineapple tidbits/Fresh fruit Veggie Bar Choice of milk	
Breakfast	30 Cereal/Poptart Applesauce/Fruit juice Choice of milk	31 Waffle sticks/syrup Orange juice/Fresh fruit Choice of milk			
Lunch	Turkey and Cheese/WG Bread, Mayo/mustard Or Chef salad w/turkey, Lettuce, Tomato Sweet Potato Fruit cocktail/Fresh fruit Veggie Bar Choice of milk	WG spaghetti w/meat sauce** Breadstick Or Chef salad w/turkey Fresh peas or beans**** Sliced pineapple/Fresh fruit Veggie Bar Choice of milk			

Visit our website for information on our Wellness Policy <https://www.turner.k12.ga.us/Administration2/nutrition>

Menu subject to change without notice.

A complete lunch includes choice of entrée (includes a source of protein and grain/bread accompaniments), choice of fruit/vegetable side dishes, and a choice of milk. A complete lunch must include a ½ cup fruit or vegetable.

Milk choices include 1% white and fat free flavored. Water is also available.

This Institution is an equal opportunity provider.